

## Mastering Your Mouth

Text: Proverbs 12:18; 25:11;

Introduction: To master our mouths, we must first consider...

**I. The Uncontrolled Mouth** – The book of Proverbs gives us at least three ways to identify an uncontrolled mouth...

A. It is a lying mouth - Proverbs 6:16-17, 19; John 14:6; 1 Peter 2:21-22;

B. It is a gossiping mouth - Proverbs 18:8; Matthew 12:36; Proverbs 17:9; 1 Peter 4:8; James 3:2;

C. It is a cursing, or profaning, mouth - Proverbs 4:24; Exodus 20:7; Ephesians 4:29; Ephesians 5:4;

**II. How to Master Your Mouth** - There are at least four things we must do to master our mouths:

A. Always be candid - Proverbs 24:26; Proverbs 27:6; Ephesians 4:15;

B. Always be confidential - Proverbs 11:13;

C. Always be constructive - Proverbs 16:24; Proverbs 25:11;

D. Always be constrained - Proverbs 18:13; Proverbs 26:4;

**Conclusion:**

**The uncontrolled mouth** is a lying mouth, a gossiping mouth, and a cursing mouth.

**To Master Your Mouth...ALWAYS** – be candid, confidential, constructive, and constrained.