The Lord's Supper – Part III of III 1 Corinthians 11:17-34

Proclaim

This morning we will finish our series on the Lord's Supper. It has been my desire that this series of messages would reveal the Lord's Supper is not a mere religious ritual. Participating in the Lord's Supper is an honor given to us by God and it has deep implications for our lives. It is not just about here and now, but it concerns God's love and His grace and our eternity.

In the last couple weeks, I have taught on biblical meanings of the Lord's Supper and told you we will cover two more meanings this morning. But to start with, let me quickly review. Please open your Bibles to 1 Corinthians, chapter 11. The first meaning of the Lord's Supper is to proclaim the gospel of our Lord Jesus Christ. This is found in verse 26 of 1 Corinthians chapter 11, "For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes." The second meaning is that the Lord's Supper brings remembrance of Christ and the price He paid that we might enjoy salvation and a relationship with God. We see this in verses 24 and 25, "When he had given thanks, he broke it, and said, 'This is my body which is for you. Do this in remembrance of me.' ²⁵ In the same way also he took the cup, after supper, saying, 'This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." The third is that the Lord's Supper is to be a spiritual feasting by faith of all that God is and has revealed through Christ. This is clear in John's record of Jesus saying, "I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst." (John 6:35) The fourth meaning is that as we partake in the Lord's Supper, we savor the promises of the New Covenant as Paul wrote the words of Jesus, "This cup is the new covenant in my blood" in verse 25. It is important understand that

Jesus fulfilled the New Covenant as foretold in the Old Testament.

Love

Now we are ready to move onto my last two meanings I want us to consider in preparing our hearts for the partaking of the Lord's Supper. The **first** meaning I want to add to the previous four is that the **Lord's Supper calls each of us to love all children of Christ**. The **second** is **as a time for self-examination**. Both of these meanings are found in 1 Corinthians chapter 11. I am not saying these are the only important concepts to understand concerning the Lord's Supper but they are the ones I chose to focus on.

I find it significant that Paul introduces the Lord's Supper in 1 Corinthians chapter 11 in support of his strong rebuke to the Corinth Christians unloving and sinful behavior. Most often the focus of chapter 11 is on verses 23 to 26, the administering of the Lord's Supper. Let's go back and read the setting in which Paul begins to speak as his foundation of the Lord's Supper. Reading beginning at 1 Corinthians 11:17, "But in the following instructions I do not commend you, because when you come together it is not for the better but for the worse." These believers are worst off by coming to church. Paul began addressing problems of internal strife within the church back in chapter 1, writing, "I appeal to you, brothers, by the name of our Lord Jesus Christ, that all of you agree, and that there be no divisions among you, but that you be united in the same mind and the same judgment. For it has been reported to me by Chloe's people that there is quarreling among you, my brothers." (1 Corinthians 1:10-11) Here in chapter 11 these problems are persisting, so Paul continues in chapter 11, verse 18, "For, in the first place, when you come together as a church, I hear that there are divisions among you." Factions and divisions in the church are created by sin. This was true at the time of Paul's writing and it is true today. However, Paul did see a good and divine purpose to this division. Paul moves on to speak of this purpose, "And I believe it in part, ¹⁹ for there must be factions

among you in order that those who are genuine among you may be recognized." Divisions within the broad church and in an individual churches lets the authentic believers stand out and one can observe the separating of the sheep and the goats or true believers and the false. As Jesus said, "When the Son of Man comes in his glory, and all the angels with him, then he will sit on his glorious throne. ³² Before him will be gathered all the nations, and he will separate people one from another as a shepherd separates the sheep from the goats." (Matthew 25:31-32) Just because someone claims the title Christian does not mean they are Christian. God knows a person's heart, we do not. However, we can observe their behavior and lifestyle and how true it is to the scriptures. One's behavior in living out life reveals what is in their heart.

The divisions Paul deals with in chapter 1 are different from what he addresses here in chapter 11, at least in one aspect. Here in chapter 11, we see there are economic divisions. Some of the people within the church of Corinth are well-off and others have less. It appears that those well-off are hostile toward their poorer brothers and sisters. Reading at verse 20, "When you come together, it is not the Lord's supper that you eat. ²¹ For in eating, each one goes ahead with his own meal. One goes hungry, another gets drunk." Believers were to gather as we read in the Acts of the Apostles, "They devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers." (Acts 2:42) But here in Corinth, the well-to-do, are eating finer food while the poor do with less or without. The privileged are even getting drunk when they should be gathering to share food, fellowship, the apostles' teaching and prayer. This seems to be impossible behavior for a church. Yet it happened and there are behaviors in some churches today that would shock us, just as Paul was shocked and this is why he is upset and shouts out in his writing, ²² "What! Do you not have houses to eat and drink in? Or do you despise the church of God and humiliate those who have nothing? What shall I say to you? Shall I commend you in this? No, I will not." (1 Corinthians 11:22) Believers should

eat their meal at home if they are not going to share and should work on the condition of their hearts before they come to partake in the Lord's Supper. How dare people come to church and treat it as a party and disrespect God! How does one "despise the church of God?" These well-to-do people "despised the church of God" by thinking of themselves first and shaming the poor. They lacked servant's hearts that considers others more worthy. We may not have this specific problem, but we can have some problems here in our church. For example, do you think when you come into this room and when others enter it - it becomes the sanctuary of our most holy God. It is not just a room but it is Christ's Church. Also, if we frustrate each other, we are to reconcile so there can be fellowship within Christ's church. We come here to "devote ourselves to the apostles" teaching and the fellowship, to the breaking of bread and the prayers." It is important to have the right demeanor, attitude and behavior in the House of God. This has been true from the beginning of the church until this day. The church is the "body of Christ." (1 Corinthians 12:27) The church is the bride of Christ. (Ephesians 5:25-27 and Revelation 21) The church is the body of Christians and the dwelling place for God. (Ephesians 2:22 and Revelation 21) Paul is saying to some of these believers in Corinth that they come to church eating and drinking as if they are the center of attention of the church – for these people the church is about them and their pleasure, instead of being focused on Christ. They treat the fellowship gathering as something that is not holy. Specifically, their behavior shames the poor and also shames themselves and displays shame towards Christ. Their behavior makes others feel foolish. We are Christ's church and we are to care for each other as an expression of our love for Christ.

Let me clarify something here, the early church gathered to have fellowship meals, just like we do. But in Corinth if you brought little food or food of lesser quality that is what you got. Meals were to be for fellowship and fellowship in sharing of food and of sharing the scriptures and sharing by serving each other. A fellowship meal is different than the Lord's Supper and yet, Paul compares the two for they are alike in some ways – they are to be based on a heart of service and the focus is to be the glory of Christ.

When the believers gathered "They were to devote themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers." (Acts 2:42) This time of worship was often ended with the Lord's Supper or "the breaking of bread". Paul ends this correction of the church in Corinth with "What shall I say to you? Shall I commend you in this? No, I will not." Paul wants the church to behave with honor and respect towards each other and reverence towards Christ - as they know this is right. At this point Paul now introduces the Lord's Supper with the word "for". He is saying, "I will not commend you for this loveless behavior and for dishonoring Christ!" I will deliver to you "what" I have received from the Lord as a method of correction. By the Lord's Supper you should know the church is meant to be proclaiming the gospel, remembering Christ as Lord, spiritually feasting by faith on all that God is by His revelation through Christ, savoring the promises of the New Covenant and demonstrating your love for Christ and each other.

Now reading beginning in verse 23, "**For** (For or because these problems you have in your church and your lives, I now give you God's truth as I received it from Christ) For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed." The Lord's Supper is not just empty ritual, if it was, that would be betrayal. It is a call to love and it is an indictment of those who are loveless. If you "despise the church of God" (1 Cor. 11:22), you bring shame upon yourself and Christ's Church. Paul is saying brothers, "Do you not realize in a short while you will partake of the bread and the cup? What does the Lord's Supper mean to each of you as a believer? What does Christ's sacrificial death mean to you? Do you not recognize Christ died for the church and the church includes the well-to-do and the poor?" God calls us to love Him and if we love Him, we must love each other and this includes those with less social status, less money and less spirituality – to love Christ means to love the poor, to love those who frustrate us at times and we will be less frustrated and enjoy love more by serving.

Examine

The second purpose bring added this morning by the Lord's Supper is its call to examine ourselves. Intertwined in the Lord's Supper is the condition of the believer's heart. For the Lord to be honored and for the Supper to have spiritual meaning one needs to examine their heart. We saw that Paul introduced the Lord's Supper after admonishing the people of the Corinthian church for their sinful behavior. Then after clarifying the problem, he teaches them the Lord's Supper, Paul returns to the moral and spiritual condition of the church, which is to say, the spiritual condition of those who are the church. Reading at verse 27, "Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty concerning the body and blood of the Lord. ²⁸ Let a person examine himself, then, and so eat of the bread and drink of the cup." Let me ask then, "What does it mean to eat "the bread or drink the cup of the Lord in an unworthy manner?" Examining the context of what we have studied I believe it means; first, failing to appreciate what the bread and cup symbolize. Christ loved the church and died for her. Second, failing to feel remorse, confess and repent of our sins is completely inconsistent with the love Christ demonstrated for us. Third, having confessed and repented, one is to strive not to return to sinful behaviors. To return to sin shows a lack of trust in Christ and His gift of the Holy Spirit to empower each believer. As Peter wrote, ²¹ "For it would have been better for them never to have known the way of righteousness than after knowing it to turn back from the holy commandment delivered to them. ²² What the true proverb says has happened to them: 'The dog returns to its own vomit, and the sow, after washing herself, returns to wallow in the mire." (2 Peter 2:21-22 and Proverbs 26:11) To have been exposed to the true gospel and then turn away deadens one to truth and makes

6

it harder to ever recover and can lead to the loss of one's salvation. This is the problem with those raised in the church that walk away from the truth of the Bible to live in the world and for those who are taught in false religions to know half-truths, but they know not the true truth.

Fourth, if we fail to trust in Christ, we will not receive His forgiveness and we will not be able to forgive others. When we accept forgiveness, we experience Jesus' love. When we experience Jesus' love this enables us to walk through life with love in our heart for all people and have peace in the midst of a world in turmoil. We are not only to seek forgives from Christ but we are to forgive each other and live in peace with each other. Jesus addressed this problem of one coming before the altar, which includes the altar of the Lord's Supper saying, ²¹ "You have heard that it was said to those of old, 'You shall not murder; and whoever murders will be liable to judgment.' ²² But I say to you that everyone who is angry with his brother will be liable to judgment; whoever insults his brother will be liable to the council; and whoever says, 'You fool!' will be liable to the hell of fire. ²³ So if you are offering your gift at the altar and there remember that your brother has something against you, ²⁴ leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift." (Matthew 5:21-24) If you have unresolved conflict or hurt feelings or are frustrated with someone within our church your heart is not right towards Christ and you need to make the effort to resolve the conflict. Do not wait on the other person – you cannot control another person's behavior, but you are responsible for your own behavior. Do not delay, step out in obedience to Christ and faith of how He will restore and regain a right relationship your brother or sister and with Christ.

The opposite of what Paul asks - would be to ask, "What does it mean to eat the Lord's Supper in a worthy manner? As we explore the answer to this question, we each need to access ourselves. **First**, freely acknowledging there are no perfect saints, not even

7

ourselves. We are all saved sinners, striving to sin less and honor God more. Just as God has shown His grace toward each of us, we need to have grace with ourselves and with others. In addition, fathers need to access the spiritual condition of their families and their children in order to protect them and grow their families spiritually. Being faithful to Christ is a guarantee that there will be spiritual warfare in one's life. God admonishes fathers to know God's Word and teach their family, thus giving them the spiritual weapons to stand against evil. From the fifth book of Moses, we find instruction to all but especially to fathers, I read, "The LORD our God, the LORD is one. ⁵ You shall love the LORD your God with all your heart and with all your soul and with all your might. ⁶ And these words that I command you today shall be on your heart. ⁷ You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise."

(Deuteronomy 6:4-7)

To come to the altar or table of Christ in a worthy manner is to see and savor what the bread and cup symbolize. You see yourself as a child of God by the sacrifice of Jesus. You see yourself as part of Jesus' church. You are humbled by your salvation and feel remorse for being spiritually weak and sinning. You desire to live holy and bring honor and glory to Jesus in the living out of your life. You understand what Paul was instructing the church in Corinth, is that we too are to revere the church as precious, which means, we cherish both Christ and those whom He has saved, no matter their social or economic status. We are to honor and love others as Christ does. We understand that by being obedient to God's Word we experience Jesus' love, joy and peace.

If you believe these things then eat and drink at Jesus' table with a heart that knows the peace of Christ. As you eat and drink you acknowledge there are no perfect saints; we are all debtors to God's grace. Forgiveness is our only hope. But, let's be careful, let us not think forgiveness and grace means there is not discipline. Paul closes

8

out this chapter with concerns of things that can cause believers to stumble and damage their relationship with Christ and fellow believers. Listen as I read verses 29 and 30 of our passage in 1 Corinthians chapter 11, "For anyone who eats and drinks without discerning the body eats and drinks judgment on himself.³⁰ That is why many of you are weak and ill, and some have died." (vs. 29-30) This is a sobering thought. Where does this weakness and illness and death Paul writes of come from? These are God's judgment, but they are **NOT** His condemnation. How can I say this? Let look at verse 32, "But when we are judged by the Lord, we are disciplined so that we may not be condemned along with the world." It is by the Lord's discipline that prevents the world from condemning us. He disciplines us so we may not be condemned along with the world. As believers our weakness, illness and death are covered by God's grace. These are designed by our gracious heavenly Father to keep us from being condemned to hell with the rest of the world.

Paul made this clear in his letter to the believers in Rome; "There is therefore now no condemnation for those who are in Christ Jesus. ² For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death." (Romans 8:1-2) Yes, we all have lapses and there are many reasons for these. But God knows where He is taking us – to heaven. It may be when tragedy comes into our lives that it is the Lord's way to save us from our setting a course that would surely shipwreck us on the reefs of sin of this world.

As I bring our study of the Lord's Supper to a close, I hope you have seen when we partake in the Lord's Supper there are important aspects to take note of and understand; first, we proclaim the gospel and remember Christ and His sacrifices. Then, we also feast on all that God is for each of us in Jesus. Christ wants us to savor His fulfillment of the New Covenant promises. We are called to love Christ and our brothers and sisters who believe in Him. Finally, Christ calls us to examine ourselves, be mortified by our sin, repent and receive the forgiveness of God through Jesus. The Lord's Supper

is all about grace and mercy for those who believe in Christ Jesus.

God is sometimes tender and sometimes hard-hitting. God is sweet in our lives, but at other times He must be severe in order to correct us. God is always a God of love, grace and mercy – even in our correction. As parents we correct our own children because we desire them to grow up to be responsible adults and have their own strong relationship with Christ. So, like, when we correct our children, God too, corrects us to grow us spiritually stronger. He wants us to live spiritually stronger in faith, grace, mercy and love.

Now let us take a moment to examine ourselves, repent and accept the Lord's grace and mercy of forgiveness as Dale prepares the Lord's Supper. Let us ask ourselves, "What is the state of my heart towards Christ, His church and my brothers and sisters?" Let each of us and let us together as His church accept the Lord's correction, His grace, His mercy and may we live for Christ! Amen!

The worship team will lead us in a song of contemplation and **Dale**, will come forward to prepare and then administer the Lord's Supper.