

1. We live in a time of **CONFLICT** between God and Satan, between righteousness and unrighteousness, between belief and unbelief and between light and darkness.
2. *“Therefore, do not be anxious about tomorrow, for tomorrow will be anxious for **ITSELF**.”* Matthew 6:34
3. *“Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not **LIFE** more than food, and the body more than clothing?”* Matthew 6:25
4. The bottom line defense against anxiety is found in Christ: your life lived in Christ and your soul at **PEACE** because of Christ.
5. *“Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your **ANXIETIES** on him, because he cares for you.”*
1 Peter 5:6-7
6. Anxiety is a trust issue. Anxiety is the **RESULT** of a lack of trust. Learn to trust your Father.
7. Anxiety is worldly and distracts people from knowing God...the more I trust him, the **LESS** my anxiety will be.
8. *“But seek first the kingdom of God and his righteousness, and all these things will be added to you.”* Matthew 6:33
God will **SUPPLY** everything you need to do his will and live his righteousness.
9. Trust him and even though troubles will be in your life, so too will Christ be there. He is more powerful than **ALL** the troubles of the world.
10. My beloved, we are walking into grave days. One group of people, more than all the others, should be free from anxiety, the **PEOPLE** of Christ!
11. *“God is **ABLE** to make all grace abound to you, so that having all sufficiency in all things at all times, you may abound in every good work.”* 2 Corinthians 9:8

1. We live in a time of **CONFLICT** between God and Satan, between righteousness and unrighteousness, between belief and unbelief and between light and darkness.
2. *“Therefore, do not be anxious about tomorrow, for tomorrow will be anxious for **ITSELF**.”* Matthew 6:34
3. *“Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not **LIFE** more than food, and the body more than clothing?”* Matthew 6:25
4. The bottom line defense against anxiety is found in Christ: your life lived in Christ and your soul at **PEACE** because of Christ.
5. *“Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your **ANXIETIES** on him, because he cares for you.”*
1 Peter 5:6-7
6. Anxiety is a trust issue. Anxiety is the **RESULT** of a lack of trust. Learn to trust your Father.
7. Anxiety is worldly and distracts people from knowing God...the more I trust him, the **LESS** my anxiety will be.
8. *“But seek first the kingdom of God and his righteousness, and all these things will be added to you.”* Matthew 6:33
God will **SUPPLY** everything you need to do his will and live his righteousness.
9. Trust him and even though troubles will be in your life, so too will Christ be there. He is more powerful than **ALL** the troubles of the world.
10. My beloved, we are walking into grave days. One group of people, more than all the others, should be free from anxiety, the **PEOPLE** of Christ!
11. *“God is **ABLE** to make all grace abound to you, so that having all sufficiency in all things at all times, you may abound in every good work.”* 2 Corinthians 9:8